

Accountants, We Care

Stress is common in city life and increasingly affecting our lives. The following accounting associations are joining hands to present 2019 Accountants, WeCare stress management sessions for accountants to learn how to enhance our own well-being and performance and/or those of our friends and families.

Topic: Conflict Management at the Workspace
 7 May 2019 (Tue), 19:00-21:00 (CPA Australia)
 (Please [click here](#) to enroll)



Speaker
Dr. Harry Hui 許志超博士
 Honorary Associate Professor
 Department of Psychology, University of Hong Kong



Topic: 親密關係的創傷-揭開饒怒的寶庫
 15 May 2019 (Wed), 19:00-21:00 (HKICPA)
 (Please [click here](#) to enroll)

Speaker
Dr. Hong Kwai Wah 康貴華醫生
 Specialist in Psychiatry

Topic: Stay Resilient with the Mind-Body Connection
 23 May 2019 (Thu), 19:00-21:00 (HKICPA)
 (Please [click here](#) to enroll)



Speaker
Dr. Adrian Low 劉英健博士
 Chartered Psychologist
 President, Hong Kong Association of Psychology

Lead Organizer:



Organizers:



Co-organizers:



Supporting Organization: Baptist Oi Kwan Social Service

Accountants, We Care

Venues

CPA Australia

CPA Australia Hong Kong Office

20/F, Tai Yau Building, 181 Johnston Road, Wanchai, Hong Kong.

HKICPA

Hong Kong Institute of Certified Public Accountants

27/F, Wu Chung House, 213 Queen's Road East, Wanchai, Hong Kong

Language

Cantonese

Fee

Free of charge for members or students of Organizers and Co-organizers

Participants

Accountants who wish to learn about the causes and effects of their stress and how it may be better managed in order to enhance their well-being and performance.

The Organizers reserve the right to limit the number of sessions enrolled by each participant.

Competency

Management, leadership and soft skills

CPD hours

2 hours for each session

For any enquiries, please email to info@hkaca.org.hk or call at 9305 9551 or Elizabeth Law at 2522 7605.

Lead Organizer:



Organizers:



Co-organizers:



Supporting Organization: Baptist Oi Kwan Social Service